

DALE KOMAI

Your Premier MSM Organic Sulfur Distributor

Is Organic Sulfur Helping Me?

Answer these questions to learn whether organic sulfur is affecting your health

People take organic sulfur for a variety of reasons. Some use the supplement to relieve achy joints or arthritis, while others derive a noticeable energy boost. A common question posed to me in emails and phone calls is: “How can I tell whether I’m getting any benefits from taking organic sulfur? Are there visual clues that I should look for?”

While not based on scientific proof, here are five questions to ask yourself to assess the impact of organic sulfur on your health:

1. Do you feel that you have more energy?
2. Are you more “regular” (not constipated)?
3. Are you sleeping better?
4. Do you have dreams during sleep?
5. Do you dream in color?

If you can answer ‘yes’ to at least four of the questions, it’s usually a indication that organic sulfur is regenerating your cells in a healthy manner.

Are You Receiving Compliments?



Are you suddenly receiving unexpected compliments about your ‘new’ appearance — that you seemingly look younger and more vibrant than you did when they last saw you, but they just can’t quite put their finger on the nature of the changes? Sulfur is known as the beauty mineral, so it is likely that the supplement is having a positive effect.

Photographing your face over time (e.g., once every couple of months) will provide visual feedback that will help you gauge your progress while on your organic sulfur regimen.